# Journey of Self-Discovery

# A Study Guide for Trauma Survivors

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# **New Partnerships for Women**

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#### **ACKNOWLEDGEMENTS**

The Consumer Curriculum Handbook was initially developed for New Partnerships for Women (NPW) by an ad hoc collaborative work group whose members met for over a year between April of 2001 and June of 2002. The work group's members included: Jessica Barton, NPW; Lori DeGayner, Survivor; Heather Dunn, Cornucopia and Yahara House; Mary Beth Forsythe; Nancy Lee Fowlkes, Phi Beta; Dianne Greenley, Wisconsin Coalition for Advocacy (WCA); Cindy Harrington; Heather Hazelwood, NPW; Barb Hennings, NPW, Yahara House; Karen Herro, Cornucopia; Anne Ivey, NPW, Families United Network; Lori Kinnard, Cornucopia, NPW, Grassroots Empowerment Project; Lori Luebke, NPW, Employment Resources, Inc.; Ellen Magee, Catholic Charities; Karen Milstein, Cornucopia, Yahara House; Carin Mizera; Joy Newmann, University of Wisconsin-Madison School of Social Work; Alyson Petrick; Ruth Roshke, Consumer; Jolanda Sallmann, NPW; Anne Sullivan; and Kimberlee Wright, Domestic Abuse Intervention Services (DAIS).

The Handbook was revised and renamed in 2007 in response to several years of feedback from women who had participated in trainings and our desire to ground it in more recent empirical findings about the nature and effects of trauma. It also represents an attempt to incorporate material that has broad appeal to women of diverse ethnic and racial backgrounds and includes a new chapter on self-advocacy skills produced by Disability Rights Wisconsin. The Consumer Curriculum Revision Committee, chaired by Joy Newmann, included: Donna Erickson, Annette Felice, Mary Beth Forsythe, Lori Kinnard, Sherrill Sellers, and Alev Wilk. Others were added to the group in the final review process, including Yolanda Bohorquez, Jeanne Boydston, Emma Earl, Dianne Greenley, Julie Holfelz, and Marie Sarto.

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