Trauma Screening and Assessment:
Instruments used with adults in state service systems

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Trauma-informed screening refers to a brief, focused inquiry to determine whether an individual has experienced specific traumatic events. Trauma assessment is a more in-depth exploration of the nature and severity of the traumatic events, the sequelae of those events, and current trauma-related symptoms.

**Trauma Screening:**

- *Trauma Assessment for Adults: Brief Revised Version (TAA).* Used for intake followed by more comprehensive TAA and PCL in South Carolina. (Resnick, 1993)
- *Trauma Assessment for Adults (TAA)* (Resnick, 1993)
- *PTSD Checklist for Adults (PCL)* A 17 item self-report scale. (Weathers 1994)
- *Brief Trauma History Questionnaire (THQ)* (Green&Mueser) Used with PTSD Checklist for Adults (PCL) at intake to NH Hospital Psychiatric. (Resnick 1993)
- Traumatic Events Screening Inventory (TESI) (Ford et al 2000)
- Life Stressor Checklist – Revised (LSC-R) Initial assessment of trauma history (Wolfe & Kimmerling, 1997)
- WCDVS version of LSC-R – used with women with substance abuse, mental health and trauma-based issues. (McHugo, 2005)
- *Post-traumatic Stress Diagnostic Scale (PDS)* Self Report (Foa et al), used with comprehensive PDS-Modified, interview (Rosenberg 2004)

For detailed reviews of trauma exposure interviews and measures see Wilson & Keane, 2004, and Briere, 2004.

**Trauma Exposure/History: Self-Report and Structured Interview**

- Life Stressor Checklist – Revised (LSC-R) Initial assessment of trauma history (Wolfe & Kimmerling, 1997)
- WCDVS version of LSC-R – for women with substance abuse, mental health and trauma issues. (McHugo, 2005)
- Post-traumatic Stress Diagnostic Scale (PDS) Self- (Foa et al), Report used with PDS-Modified
- PDS-Modified; comprehensive; interview/prompts (Rosenberg 2004)
- Trauma Assessment for Adults: Brief Revised Version (TAA). Used for intake followed by comprehensive TAA and PCL SC Inpatient, CMHCs (Resnick, 1993)
- Trauma Assessment for Adults (TAA) (Resnick, 1993)
- PTSD Checklist for Adults (PCL) 17 item self-report scale. (Weathers 1994)
- Traumatic Events Screening Inventory (TESI) (Ford et al 2000)
- Brief Trauma History Questionnaire (THQ) (Green&Mueser ) used with PCL at intake to NH Hospital (Resnick 1993)
- Trauma Experiences Checklist (TEC) (Nijenhuis)
- Sexual Abuse Exposure Questionnaire (SAEQ) (Rodriguez et al)
- Revised Conflict Tactics Scale (CTS2) (Straus et al)

For detailed reviews of trauma exposure interviews and measures see Wilson & Keane, 2004, and Briere, 2004.
PTSD Symptoms: Self-Report and Structured Interview

- Clinician Administered PTSD Scale for Adults (CAPS) (Blake et al, 1995)
- PTSD Checklist for Adults (PCL-C) for DSM IV (Weathers et al 1994) (Blanchard et al 1996)
- PTSD Checklist for Adults (PCL-M for DSM IV) for veterans (Weathers et al 1994)
- PTSD Symptom Scale-Interview (Foa et al, 1993)
- Post-traumatic Stress Diagnostic Scale (PDS) Self Report (Foa et al) used with comprehensive PDS-Modified, (interview Rosenberg 2004)
- Trauma Symptom Checklist (TSC-40) Symptoms related to sexual abuse trauma. (Briere & Runtz 1989)

Psychosocial and Psychiatric Symptoms: Self-Report and Structured Interview

- Trauma Symptom Inventory (TSI) (Briere 1997)
- Diagnostic Interview Schedule for adults (DIS) (Helzer & Robins 1988)
- Schedule for Affective Disorders and Schizophrenia Present and Lifetime Version (SADS-PL) (Kaufman et al 1997)
- Structured Clinical Interview for DSM-IV (SCID-P, SCID-II) (Kaufman et al, 1997)
- Global Appraisal of Individual Needs (GAIN) substance abuse, legal and vocational issues, depression, anxiety, demographics (includes GPRA data categories) Dennis et al, in press

Self-Regulation: Self-Report

- Inventory of Interpersonal Problems-Short Form (IIP-32) (Barkham et al 1996)
- Post-Traumatic Cognitions Inventory (PTCI) (Foa et al, 1999)
- Generalized Expectancies for Negative Mood Regulation (NMR) (Cantanzaro & Mearns 1990)
- Meta-Experience of Mood Scales (Meta-Scales), (Mayer & Stevens, 1994)
- Positive Affect Negative Affect Scales (PANAS) (Watson et al 1988)
- Parenting Stress Index Short Form (PSI) (Abidin 1995  In Ford, 2005)

Social Support

- Crisis Support Scale (CSS) (Joseph et al 1992)
- Homeless Families Social Support Scale. SAMHSA

Personal Strengths

- Hope Scale (Snyder 1996  In Ford, 2005)

For additional measures see National Center for Posttraumatic Stress Disorder at www.ncptsd.org